



THE MOSAIC CHALICE

Newsletter of Mosaic Unitarian Universalist

May 2009

Volume 4, Issue 5

Out of the work of
hands,
hearts,
and minds, emerges
a meaningful life.

ABOUT US

Sunday Worship
10:30am
(with Children's Program)

AND

Mosaic in the
Afternoon
3pm
(a Small Group Worship)

Mosaic Center
425 S. Volusia Avenue
Orange City

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To Submit Articles for
The Mosaic Chalice:

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BELOVED COMMUNITY AT WORK EVENSONG 2, GROUP 1

JANE BRADFORD, FACILITATOR

**CLASS MEMBERS: LYNN ALLEN, ANDY BOWEN, SHANNON DAVIES, LIZ
SCHUMAKER, MARY SMITHWICK, AND MARIELLEN TEETERS**

The first group of Evensong 2 participants completed the eight-week class with many laughs and a deeper understanding of ourselves and each other. We learned that we can't draw or sing very well, but we learned important things, too, about our own spiritual lives.

In response to our feelings of gratitude for each other and the abundance in which we live, the group has undertaken sponsoring two social justice/humanitarian projects, both international in scope. The first is the **Pennies for Peace** initiative inspired by the work of Greg Mortenson (author of *Three Cups of Tea*) whom many of us traveled to Vero Beach, FL to hear in March. Mortenson founded the Central Asia Institute (CAI), dedicated to building schools in some of the remotest parts of the world - northern Pakistan and Afghanistan. **Shannon Davies** spearheaded this project. You may have noticed the teddy bear jar in our refreshment area after Sunday morning worship services in which she has been collecting change and bills. Your contributions to the Teddy Bear will be collected by Mosaic and a check will be sent to the Central Asia Institute. We welcome your support. You can learn more about the Central Asia Institute and Greg's work by going to <https://www.ikat.org> or speaking with Shannon.

The new project the group has undertaken is through **Women for Women International** (<http://www.womenforwomen.org>), suggested by another of our group members, **Liz Schumaker**. Women for Women supports women who are in conflict or post-conflict situations. Currently, the group operates in Afghanistan, Bosnia and Herzegovina, the Democratic Republic of the Congo, Iraq, Kosovo, Nigeria, Rwanda, and Sudan. There are three main areas in which Women for Women helps women struggling to survive or recover from war. The first is direct financial aid. This aid "helps them deal with the immediate effects of war and conflict such as lack of food, water, medicine and other necessities. Exchanging letters with sponsors provides women with an emotional lifeline and a chance to tell their stories —maybe for the first time."

The second phase involves the "Renewing Women's Life Skills (ReneWLS) Program that provides [the women in the program] with rights awareness, leadership education and vocational and technical skills training. Women build upon existing skills and learn new ones in order to regain their strength, stability and stature on the path to becoming active citizens." Since Women for Women International believes "that establishing a means to earn a sustainable living is critical to being fully active in the life of a family, community and country, . . . [Women for Women] offers "job skills training to strengthen women's existing skills and to introduce new skills in traditional and non-traditional fields so women can access future employment opportunities."

And finally, building on the skills training programs, [Women for Women International] "offer[s] designed to help women start and manage their own micro enterprises."

It costs \$27 per month to sponsor a woman in this program for one year. About 4-6 weeks after we send in our sponsorship application, we will get the name of a specific woman we will be sponsoring. We will get her picture and letters from her throughout the year. We invite the whole Mosaic congregation to help support this project. If you would like to contribute toward sponsoring a woman through Women for Women International, please put your donation in the offering plate on Sunday. If you give cash, please put it in an envelope marked Women for Women - if a check, please note on the check that it's for Women for Women.

The children of Pakistan and Afghanistan thank you; the women of war-torn regions all over the world thank you, and the participants in Evensong 2, Group 1, especially thank you!

**INVITATION TO JOIN MOSAIC SMALL GROUPS....
EVERYONE IS WELCOME!!**

Have you experienced being part of a small group of caring, supportive friends? Have you heard about Mosaic's Covenant Groups and other small group ministries but haven't "tried one on" yet? Maybe you've finished a class like *Evensong 2* or *Articulating Your UU Faith* and want to continue with the kind of fellowship you enjoyed in those short term classes.

Now is the time to be welcomed into a small, safe group of members and friends who meet twice a month for evening and afternoon covenant groups and Fit n' Free affinity group and monthly for Caregivers and Mens Breakfast. Just call any of the group facilitators to find out how easy it is to become part of a small loving community. Groups and facilitators are:

Evening Covenant (every other Wednesday) Lynn Allen (386)943-9281
Afternoon Covenant (first and third Tuesdays) Mary Smithwick (386)985-4707
Fit 'n Free (every other Wednesday) Lisa Stauffer (386)789-1124
Caregivers Group (first Friday of each month) Judy Raymond (386)734-0759
Men's Breakfast (first Sunday of each month) Andy Bowen (386)736-1688

Small groups are a cornerstone of Mosaic UU and there are always places just right for you.

MOSAIC Mission:

**The mission of Mosaic UU is:
to nourish body, mind and spirit for ourselves and the larger community by partnering with established community programs providing direct service to those in need of food and family support,
to develop programs to supplement and advance those efforts,
and to provide worship services to renew and revitalize the spirit.**

**Nourishing Body, Mind and Spirit
April Had It All!!**



The April Pot Luck was a great success – good fellowship, great food, and an interesting film combined for a delightful evening. Our special guest was Rev. Angie, who stayed to present the worship service the next day. The movie was a documentary titled, "What Would Jesus Buy?" starring Rev. Billy and the Stop Shopping Gospel Choir who believe that "consumerism is overwhelming our lives. We're addicted to shopping the way alcoholics are addicted to alcohol. We are stuffing a hole in our soul with things we are purchasing," says Rev. Billy.



Photos by John DuPree

MARK YOUR CALENDAR: The June Mosaic Monthly Pot Luck for Everyone will be held on Saturday, June 6, at 5pm.

DREAMFEST 2009

On April 4, Mosaic brought its Bubble Booth magic to the MLK Dreamfest at Earl Brown Park in DeLand. This annual event is sponsored by the Electralyte Charity Club to raise money for college scholarships. Many Mosaicans have participated over the years, helping with set up, serving food and running the children's games. This was the first time we had our own booth. It was well received – there were many “bubble artists” who returned time after time.



Photos by John DuPree

MOSAIC Values:

Compassion moves us to transform our shared world through service, individual spirituality, and respectful relations with all.

Thanks to **Kathie Shepard** who once again made the bubble juice, to **Judy Raymond and Andy Bowen** who came early to set everything up and stayed to play, to **Susan and John DuPree, and Jose Diaz** who bubbled for hours, and to **Jane Bradford** who came from her sick bed to take the booth down and away.

This was a labor of love to our community.

MOSAIC CELEBRATES OUR NEW AUTHOR, BILL DEAN

Bill Dean's first book, ***Everything***, which he has thought about for years, will be published in about a month. Copies will be available at Mosaic.

In his words, “I started the book around the first of September, 2008, but I spent years working on the theory. The writing was not hard, just a clear and sometimes poetic exposition of the salient, important ideas. I began my study of math in first grade or earlier, girls in second grade or earlier, science and religion in elementary school, computers in high school, and economics in college. Philosophy, etymologically the love of truth, has always been my calling, from the earliest thoughts I can remember.”

We'll have more information when ***Everything*** is in Bill's hands. In the meantime, we share the anticipation and joy in his accomplishment.

NEW BOOKS IN THE MOSAIC LIBRARY

Andy and Lynn Bowen purchased books while at District Assembly and have donated them to our Library. Look for these:

"Thousand Pieces of Gold" by Ruthanne Lum McCunn
(Chinese-American true story of hardships and inspiration)

"A Beginner's Faith in Things Unseen" by John Hay (Nature)

"Lost Woods" by Rachel Carson (Nature)

"Obsessed by Dress" by Tobi Tobias (Funny snippets about clothing)

"The Beacon Best of 2000" edited by Edwidge Danticat (Essays)

"Coyote Says" by Webster Kitchell (Meaningful fable-like stories between coyote and man)

"Principles for Spiritual Parenting" by Mimi Doe (Tips for parents)

"Keepers of the Earth" by Michael Caduto and Joseph Bruchac
(Native American stories for all ages)



Informative! Productive! Inspirational! Challenging!

Submitted by Julie Lowery, Vice President, Mosaic Board of Trustees

Pick a descriptive or two and you have an idea of the last Mosaic Board of Trustees meeting, held April 6, as the Trustees made plans to venture into uncharted waters for Mosaic, as it grows into the future.

Among the items discussed were ways of gathering more of our guests into the fold as full members of Mosaic, and ways to better define our membership path.

The newly-designed pledge envelopes which we have received mark a step toward a more professional, better-organized way of gathering our pledges each month.

After an enthusiastic presentation by **Elissa Emerson** and **Mariellen Teeters** we gave our full support to ongoing efforts to organize the "Four Congregations Project" with Mosaic and the UU congregations in Palatka, New Smyrna Beach and Eustis.

Areas for discussion in the near future will be additional public activities, including business and community fairs and Bubble Booth appearances; distribution of more learning materials to members; and stirring interest in the June '09 UUA presidential election.

The Buddhist Group which meets each Thursday night in Suite F of the Mosaic Center at 7:30pm announces the theme for May: *How to Solve our Human Problems*. Please call Julie Scofield for more information – (386) 734-8747.

This series is based on Geshe Kelsang Gyatso's book of the same name. In these meditations we can explore and learn how to control our negative states of mind, particularly anger and frustration. We can learn to use Buddha's practical teachings and meditations to stop creating problems for ourselves and others and begin to fulfill our deepest wishes for peace and happiness.

- 5/07 How to Get Rid of Anger
- 5/14 The Beauty of Patience
- 5/21 Creating a More Peaceful Life
- 5/28 Meditation 101

Stones and Water: Silent Joys and Concerns

Submitted by Eric Hoffman

As summer approaches, many of us will travel. This is an opportunity to experience the world in meaningful ways, and I wish to remind those who travel to bring back some water from their travels for our Water Communion after Labor Day.

This is also a great opportunity to bring back a small stone or four from our travels to be shared in our silent joys and concerns. I hope these stones could be incorporated into our Water Communion ceremony. Some suggestions:

Small is better, something the size of a quarter or half-dollar is ideal. Smooth or rough is good, but sharp edges aren't the best choice.

The stones should be substantial to stand up to tumbling without breaking apart, so bringing back chalk from the white cliffs of Dover might not be best.

Colors and strata are nice

Stones from your garden, travels in the past, or otherwise significant are good. The purpose of the Water Communion is to share meaning in our lives, and this gives us an opportunity to add something solid to our weekly services. The stones you bring might even be shared by someone else!

Leadership is the spiritual process of discerning what one believes (clarity), acting on that belief in the public arena (decisiveness), and standing behind that action (responsibility) despite the varied responses of people (courage).

Rev. Frank Thomas



MOSAIC Leadership

2009 Board of Trustees

Andy Bowen, President

Julie Lowery, Vice
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Lisa Stauffer, Secretary

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Judy Raymond-Worship
John DuPree-Music
Lynn Bowen-Children's
Program/Historian
Susan DuPree-Social
Justice
Lauren Griffin-Hospitality

Small Group Ministries: Caregivers:

Judy Raymond

Fit 'n Free: Lisa Stauffer

Afternoon Covenant:
Mary Smithwick

Evening Covenant:
Lynn Allen

LIVING GREEN

Take the Earthship Home Tour, a benefit for the Community Roots Farm (a community garden) in Lake Helen, on Saturday May 16, at 1pm or 3pm.

The Earthship Home, located at 2080 S. Kicklighter Road, Lake Helen, was constructed with tires, tin cans, and solar energy, using mostly renewable and free building sources. Admission is \$5 per person. For background on the construction go to: www.earthship.org, www.backwoodshome.com, or www.touchtheearthranch.com. For more information call (386) 228-2095.

SKULLS AND BONES, OH MY!!

Have you ever found an animal skull and wondered what type of animal it came from? Gregg Thompson, Biologist and Naturalist, will teach us to read skull characteristics to determine the type of animal. He'll share his extensive skull collection and identify your skull and bone specimens. A hike to look for evidence of wildlife will put our new knowledge to the test.

Saturday, May. 30, 2009, 9am to Noon at Bicentennial Youth Park, 3300 E. Hwy 44, DeLand. Admission is FREE. Space is limited, please register. Phone: 386-736-5276 or E-mail: bcary@co.volusia.fl.us
Wear comfortable clothes that match the weather and hiking or walking shoes
Bring water to drink.

OUR GREEN EARTH Submitted by Lauren Griffin

Sometimes it seems as if people in our society are in a contest to see who can fill their house with the most stuff. Because our culture trains us to be consumers, we are often unaware of the many, many benefits to being frugal. Remember, everything you own owns you.

Everything you buy you must maintain, store, repair, clean, and perhaps insure. Our stuff quickly becomes a psychological burden. The more you buy, the more money you need, which increases your work time at the expense of your family and friends. Finally, all of our stuff takes natural resources to produce, making everything we buy environmentally costly. Here are a few pointers to help you buy less stuff:

1. Fix broken things. Our disposable culture encourages us to replace broken items even when they are relatively easy to fix.
2. Reuse stuff. You can reuse many so-called disposable items, such as paint brushes, sandwich bags, and plastic containers.
3. Share and borrow stuff. Borrowing saves resources and money and also helps build community. Use the library, borrow the 12' ladder or pipe wrench you need infrequently from a friend. Share your lawn mower or chain saw.
4. Ask yourself, Do I really need it? Advertising is intended to make us feel we'll be left out if we don't have the latest gadget or name brand clothing. Need or want?
5. Take a shopping list. Plan ahead before you shop. Decide exactly what you want before you go. Marketers count on their displays and packaging to encourage impulse buying.

Adapted from The Better World Handbook: Small Changes That Make a Big Difference by Ellis Jones, Ross Haenfler, and Brett Johnson (New Society Publishers, 2007).

MAY CALENDAR

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>TIME</u>	<u>CONTACT</u>
05/01	Caregivers Group	Mosaic Center	7pm	Judy Raymond
05/02	POT LUCK	Mosaic Center	5-8pm	Lauren Griffin
05/02	Cinco de Mayo Fiesta-Deltona	City Hall Courtyard	6-9pm	
05/02	First Deltona Public Market	Deltona City Hall	8am-Noon	Fruit, veggies, etc.
05/02	Pines Conference Center Annual Meeting and Open House	Brooksville,FL		
05/03	Men's Breakfast Group	Gram's Kitchen-Orange City	9am	All men welcome
05/03	WORSHIP: Science and Religion		10:30am	Eric Hoffman
05/03	Mosaic in the Afternoon <i>The Sacred Earth - Ecology and Spirituality</i>	Mosaic Center	3pm	Lisa Stauffer
05/05	Afternoon Covenant	Woodland Towers	2:15-3:45pm	Mary Smithwick
05/06	Evening Covenant <i>Our Personal Philosophy</i>	Schindler/Stehle Home	7-8:30pm	Lynn Allen
05/07	Buddhists: <i>How to Get Rid of Anger</i>	Mosaic Center	7:30pm	Julie Scofield, 734-8747
05/09	Deltona Public Market	City Hall Complex	10-Noon	Fruit, veggies, etc
05/10	WORSHIP: Mothers Day, Work it Out		10:30am	Judy Raymond
05/10	Mosaic in the Afternoon <i>Mother's Day : Our Moms Remembered</i>	Mosaic Center	3pm	Lisa Stauffer
05/13	Green Economy Presentation	DeLand Library	5:30-6:30pm	Susan DuPree
05/13	Fit 'n Free: Fusion ~ Aromatherapy	Mosaic Center	7:30pm	Lisa Stauffer
05/14	Buddhists: <i>The Beauty of Patience</i>	Mosaic Center	7:30pm	Julie Scofield, 734-8747
05/16	Seminar: <i>Designing a Rain Garden</i>	Full Moon Natives	10-11:30am	(386)212-9923
05/16	Tour of Earthship Home	2080 S. Kicklighter, Lake Helen	1-3pm	(386)228-2095
05/16	Deltona Public Market	City Hall Complex	10-Noon	Fruit, veggies, etc
05/17	WORSHIP: Rev. Jack Ford <i>Witness of Wonders: Humanist Teachings</i>		10:30am	Ann-Marie Seiler
05/17	Mosaic in the Afternoon <i>Peacemakers of WWII</i>	Mosaic Center	3pm	Lisa Stauffer
05/19	Afternoon Covenant <i>Our Personal Philosophy</i>	Woodland Towers	2:15-3:45pm	Mary Smithwick
05/20	Evening Covenant <i>Hard Grace, Easy Grace</i>	Schindler/Stehle Home	7-8:30pm	Lynn Allen
05/21	Buddhists: <i>Creating a More Peaceful Life</i>	Mosaic Center	7:30pm	Julie Scofield, 734-8747
05/23	Deltona Public Market	City Hall Complex	10-Noon	Fruit, veggies, etc
05/24	WORSHIP: Connie Goodbread, Covenants and Inclusion		10:30am	Elissa Emerson
05/24	Mosaic in the Afternoon <i>The Cost of War</i>	Mosaic Center	3pm	Julie Lowery
05/27	Fit 'n Free: Make a Dream Pillow	Mosaic Center	7:30pm	Lisa Stauffer
05/28	Buddhists: <i>Meditation 101</i>	Mosaic Center	7:30pm	Julie Scofield, 734-8747
05/30	Deltona Public Market	City Hall Complex	10-Noon	Fruit, veggies, etc
05/30	Nature Hike: DeLand <i>Reading Bones & Skulls</i>	Bicentennial Youth Park	9am-Noon	FREE (386)736-5276
05/30	Recreational Music Making	Gateway Park, DeBary	1pm	FREE (386)668-5553
05/31	WORSHIP:	Mosaic Center	10:30am	Ann-Marie Seiler
05/31	Mosaic in the Afternoon <i>Remembrance of Those Lost</i>	Mosaic Center	3pm	Julie Lowery
JUNE				
06/05	Caregivers Group	Mosaic Center	7pm	Judy Raymond
06/06	Deltona Public Market	City Hall Complex	10-Noon	Fruit, veggies, etc
06/06	Pot Luck	Mosaic Center	5-8pm	Lauren Griffin